

OCTOBER MENU

MONDAY

BREAKFAST
Sausage Rolls
Juice, Milk
LUNCH
Taco Salad
Refried Beans
Fruit
Milk

3

BREAKFAST
Blueberry Biscuits
Juice, Milk
LUNCH
Pizza
Corn
Fruit
Milk

10

BREAKFAST
Breakfast Burrito
Juice, Milk
LUNCH
Spaghetti/Meat Sauce
Salad
Fruit
Rolls or Breadsticks
Milk

17

BREAKFAST
Cinnamon Raisin Biscuits
Juice, Milk
LUNCH
Ground Beef Stroganoff
Mixed Veggies
Fruit
Bread
Milk

24

BREAKFAST
Breakfast Tacos
Juice, Milk
LUNCH
Frito Pie/Cheese
Pinto Beans
Fruit
Milk
31

TUESDAY

BREAKFAST
Yogurt Cup & Grahams
Juice, Milk
LUNCH
Hamburgers/Cheese
Burger Salad
Tots or Fries
Jello
Milk

4

BREAKFAST
Scrambled eggs, toast
Juice, Milk
LUNCH
Hot Dogs/Chili & Cheese
Tots or Fries
Fruit
Milk

11

BREAKFAST
Cinnamon Rolls
Juice, Milk
LUNCH
Hamburgers/Cheese
Burger Salad
Tots or Fries
Fruit
Milk

18

BREAKFAST
Breakfast Bars
Juice, Milk
LUNCH
Hot Dogs/Chili & Cheese
Tots or Fries
Fruit
Milk

25

WEDNESDAY

BREAKFAST
Breakfast Pizza
Juice, Milk
LUNCH
Salisbury Steaks/Gravy
Mashed Potatoes
Green Beans
Fruit
Bread
Milk

5

BREAKFAST
Honey Buns, Sausage
Juice, Milk
LUNCH
Sausage
Black-eyed Peas
Fruit Crisp
Bread
Milk

12

BREAKFAST
Hot Cereal, Toast
Juice, Milk
LUNCH
Enchilada Casserole
Pinto Beans
Fruit
Cracker or Bread
Milk

19

BREAKFAST
Muffins/Butter & Jelly
Juice, Milk
LUNCH
Crispy Chicken Tacos
Spanish Rice
Fruit
Milk

26

THURSDAY

BREAKFAST
Toasted Cheese Sandwich
Juice, Milk
LUNCH
Chicken Fajitas
Salad
Beans
Fruit
Milk

6

BREAKFAST
PB&J Sandwich
Juice, Milk
LUNCH
Steak Fingers/Gravy
Mashed Potatoes
Green Beans
Fruit
Bread & Milk

13

BREAKFAST
Banana bread Squares
Juice, Milk
LUNCH
Roast or Baked Chicken
Seasoned Rice
Green Beans
Fruit
Bread & Milk

20

BREAKFAST
Apple Turnovers
Juice, Milk
LUNCH
Chicken Nuggets/Gravy
Mashed Potatoes
Green Beans
Fruit
Bread
Milk

27

FRIDAY

BREAKFAST
Waffles/Syrup
Juice, Milk
LUNCH
Fish/Catsup
Macaroni & cheese
Green Peas
Fruit
Bread
Milk

7

BREAKFAST
Pancakes/Syrup
Juice, Milk
LUNCH
Sub Sandwich
Lettuce & Tomato
Baked Chips
Fruit
Milk

14

BREAKFAST
French Toast/Syrup
Juice, Milk
LUNCH
Corn Dogs
Beans
Fruit
Milk

21

BREAKFAST
Waffles/Syrup
Juice, Milk
LUNCH
Steak Burgers
Lettuce & Tomato
Baked Chips
Fruit
Milk

28

**CEREAL AND TOAST OFFERED DAILY AT BREAKFAST
MILK SERVED WITH ALL MEALS**

NOVEMBER MENU

MONDAY

BREAKFAST
Breakfast Tacos
Juice, Milk
LUNCH
Frito Pie/Cheese
Beans
Fruit
Milk

31

BREAKFAST
Honey Buns, Sausage
Juice, Milk
LUNCH
Chili Mac
Corn
Fruit
Rolls
Milk
7

BREAKFAST
Breakfast Pizza
Juice, Milk
LUNCH
Sausage
Black-eyed Peas
Fruit Crisp
Bread
Milk
14

BREAKFAST
Breakfast Burrito
Juice, Milk
LUNCH
Pizza
Corn
Fruit
Milk
21

BREAKFAST
Biscuits, Sausage Patty
Juice, Milk
LUNCH
Nachos/Ground Beef
Refried Beans
Fruit
Milk
28

TUESDAY

BREAKFAST
Sausage Rolls
Juice, Milk
LUNCH
Hamburgers/Cheese
Burger Salad
Tots or Fries
Pudding
Milk

1

BREAKFAST
Breakfast Bagels, Fruit
Juice, Milk
LUNCH
Hot Dogs/Chili & Cheese
Tots or Fries
Fruit
Milk
8

BREAKFAST
Sausage & Pancakes
Juice, Milk
LUNCH
Hamburgers/Cheese
Burger Salad
Tots or Fries
Jello
Milk
15

BREAKFAST
Banana Bread Squares
Juice, Milk
LUNCH
Hot Dogs/Chili & Cheese
Tots or Fries
Fruit
Milk
22

BREAKFAST
Cinnamon Rolls
Juice, Milk
LUNCH
Hamburgers/Cheese
Burger Salad
Tots or Fries
Fruit
Milk
29

WEDNESDAY

BREAKFAST
Donuts
Juice, Milk
LUNCH
Vegetable Stew
Fruit
Cornbread or Bread
Milk

2

BREAKFAST
Blueberry Biscuits
Juice, Milk
LUNCH
Salisbury Steaks
Buttered Noodles
Mixed Vegetables
Fruit
Bread & Milk
9

BREAKFAST
Hot Cereal, Toast
Juice, Milk
LUNCH
Corn Dogs
Beans
Fruit
Milk
16

BREAKFAST
Pop Tarts
Juice, Milk
LUNCH
Lasagna
Salad
Fruit
Rolls
Milk
30

THURSDAY

BREAKFAST
Toasted Cheese Sandwich
Juice, Milk
LUNCH
Chicken Salad/Lettuce
Chicken Soup
Fruit
Crackers or Bread
Milk
3

BREAKFAST
Scrambled Eggs, Toast
Juice, Milk
LUNCH
Chili & Beans
Fruit
Cornbread or Bread
Milk
10

BREAKFAST
PB&J Uncrustables
Juice, Milk
LUNCH
Turkey & Dressing
Green Beans
Fruit
Bread
Milk
17

THANKSGIVING HOLIDAYS

24

BREAKFAST
Cinnamon Raisin Biscuits
Juice, Milk
LUNCH
Steak Fingers/Gravy
Mashed Potatoes
Green Beans
Fruit
Bread & Milk
Dec 1

FRIDAY

BREAKFAST
Pancakes/Syrup
Juice, Milk
LUNCH
Bar-B-Q Rib Sandwich
Broccoli & Carrots
Veggie Dip
Fruit
Milk
4

BREAKFAST
French Toast/Syrup
Juice, Milk
LUNCH
Fish/Catsup
Macaroni & Cheese
Peas
Fruit
Bread & Milk
11

BREAKFAST
Waffle Sticks, Fruit Cups
Juice, Milk
LUNCH
Chicken Burgers
Lettuce & Tomato
Baked Chips
Fruit
Milk
18

25

BREAKFAST
Waffles/Syrup
Juice, Milk
LUNCH
Sub Sandwiches
Lettuce & Tomato
Baked Chips
Fruit
Milk
Dec 2

CEREAL AND TOAST OFFERED DAILY AT BREAKFAST
MILK SERVED WITH ALL MEALS