



Comanches:

All incoming 7th, 9th, and 11th graders will have to take a physical before being able to compete in any sport. Furthermore, any athletes who checked yes to any of questions 1-6 on your Medical History Form must take a physical or have a Doctors clearance note for the injury. Dates and times for physicals for these athletes will be:

Lavaca Medical Center - Dr. Wilkinson

Thursday, June 16th from 8:30 a.m. to 12:00 p.m. at the Shiner Gym
(There will be no charge to the athlete for this physical.)

Wagner Medical Clinic- Wednesday, July 13th at 2:45

(There will be a \$20 charge for this physical and it must be paid to the receptionist before the physical is taken.)

The Medical History Form must be completed and signed by both the athlete and a parent or guardian in order to take your physical. If you wear contacts or glasses make sure you have them with you. If you had a prior injury and have been released by your Physician, make sure you bring your release paper with you to the physical. Please return this form to me by the end of the school year and I will take them to the clinics for you. If you will be getting a physical at another time or location I will make a copy of it and return it to you.

If you have any questions regarding this information, you may reach me at the school at 594-4139 Ext 450 or at home at 594-2602.

Have a great summer!

Coach Cerny



Lavaca Medical Center

1400 North Texana Street
Hallettsville, Texas 77964-2099
(361) 798-3671

The Clinic at Lavaca Medical Center is offering FREE Sports Physicals!

Every year for more than two decades the Clinic at Lavaca Medical Center has assisted the student athletes of our local schools with their sports physicals. The clinic, along with Dr. Wilkinson, would like to assist the students of Shiner in obtaining their sports physicals for the next school year.

For the greatest convenience possible to the parents of the student athletes, the Clinic at Lavaca Medical Center will be offering FREE sports physicals at the Shiner High School on Thursday, June, 16, 2016 from 8:30 a.m. to 12:00 p.m.

To schedule your child's free sports physical, follow these simple steps:

1. Obtain the sports physical form from your local athletic coach.
2. Bring the completed sports physical form.
3. Bring glasses or corrective lenses for eye exam, if needed.

the student.

We hope this option of free sports physicals proves helpful to the parents and students. The Administration and all the Staff Members of Lavaca Hospital District truly appreciate the opportunity to continue our years of support to our community and our schools.

