



Comanches:

All incoming 7th, 9th, and 11th graders will have to take a physical before being able to compete in any sport. Furthermore, any athletes who checked yes to any of questions 1-6 on your Medical History Form must take a physical or have a Doctors clearance note for the injury. If you wear glasses or contacts make sure you wear them when you take your physical. Dates and times for physicals for these athletes will be:

Lavaca Medical Center - Dr. Wilkinson

Friday, June 29th from 8:30 a.m. to 10:30 p.m. at the Shiner Gym

(There will be no charge to the athlete for this physical.)

Wagner Medical Clinic- Wednesday, July 11th at 2:45

(There will be a \$25 charge for this physical and it must be paid to the receptionist before the physical is taken.) (If you will be using your insurance to cover the physical you must make a separate appointment.)

The Medical History Form must be completed and signed by both the athlete and a parent or guardian in order to take your physical. If you wear contacts or glasses make sure you have them with you. If you had a prior injury and have been released by your Physician, make sure you bring your release paper with you to the physical. Please return this form to me by the end of the school year and I will take them to the clinics for you. If you will be getting a physical at another time or location, I will make a copy of your physical form and return it to you. If possible please request this before the end of school. Also, a copy of the physical form is available on the Shiner ISD website.

If you have any questions regarding this information, you may reach me at the school at 594-4139 Ext 450 or at home at 594-2602.

Have a great summer!

Coach Cerny